



BREAKFAST MENU

ORANGE JUICE
FRESHLY SQUEEZED THIS MORNING

NON CITRUS JUICE AVAILABLE

PRUNES
NATURAL YOGHURT

SEASONAL FRUITS FROM THE GARDEN

SELECTION OF CEREALS

OATMEAL PORRIDGE

FULL COOKED BREAKFAST
SAUSAGE
BACON
MUSHROOMS
TOMATO
FRIED EGG

POACHED EGGS, BOILED EGGS, & SCRAMBLED EGGS
AVAILABLE

BAKED BEANS AVAILABLE

COOKED VEGETARIAN BREAKFAST AVAILABLE

TOAST
WHOLEMEAL TOAST AVAILABLE

HOME MADE MARMALADE & JAM

FRESHLY GROUND FILTER COFFEE
(WITH BEANS GROUND THIS MORNING)
TEA
HERBAL TEAS